

NICOLET RECREATION DEPARTMENT



JUNIOR KNIGHTS POMS

This pom clinic holds 6 practices and one basketball halftime performance. The dancers will learn basic pom moves and a routine to perform. Each class will start with stretching and will end with a fun team building activity or freestyle time. Dancers will also learn some basic ballet/jazz dance terms, how formations work, and how to perform with a smile. Most of all, to make new friends and have fun! Performance outfit will be a Jr. Knights Pom t-shirt and a pair of black pants.

Please make sure to bring a bottle of water to each practice. Hair should be up and attire should be something easy to move in. Dance shoes or sneakers required.

*Performance will be at halftime of the Friday, February 14th JV Girls Basketball game at 5:30pm.

Tuesdays, January 7 - February 11* | 4:15 - 5:00pm

Nicolet Union High School - Gym 1 upper balcony

\$89.00R/\$99.00NR | Program#: 212684-01

Instructor - Sarah Glover

**REGISTER ONLINE STARTING 12/2 AT:
[HTTPS://WEB2.VERMONTSYSTEMS.COM/NICOLET.HTML](https://web2.vermontsystems.com/nicolet.html)**

